

RESOURCE DIRECTORY

The Community Connections Resource Directory is sponsored and paid for by the Cooperstown Medical Center and through a grant award from the Dakota Medical Foundation.

The InterAgency Council, made up of Griggs County and surrounding area public service organizations, took part in gathering information for the Resource Directory.

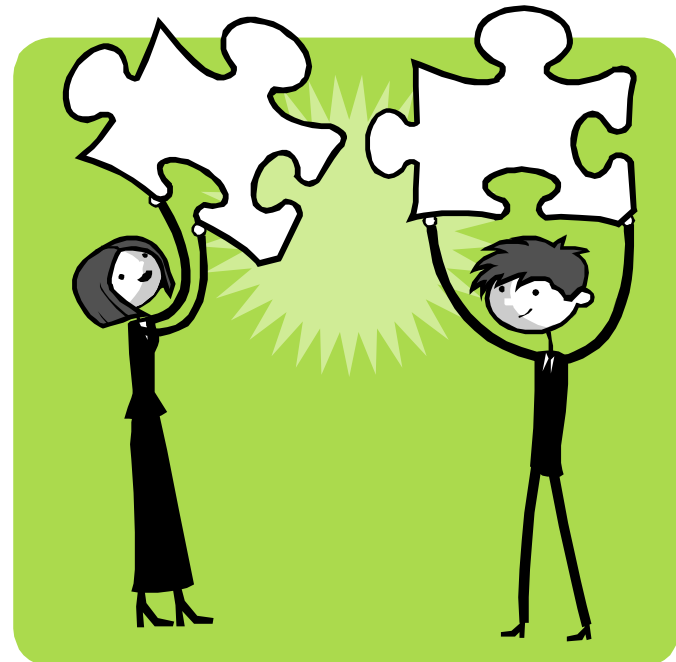


Contact Information:

Greg Stomp, CEO
Cooperstown Medical Center
1200 Roberts Ave. NE
Cooperstown, ND 58425-7101

RESOURCE DIRECTORY

Community Connections Griggs County



Local, Regional and Internet Resources to help you fit all the pieces of your life together.

Date: 06/2005

SUPPORT GROUPS

Alcoholics Anonymous, Ala-Non, Ala-Teen, Meets on Mondays, 7 pm. Trinity Lutheran Church Find A Site On-Line	1-701-797-3611 www.theagapecenter.com www.findtreatment.samhsa.gov/
Alzheimer Family Support Group Cooperstown	1-701-797-3611

VETERAN'S ASSISTANCE

Griggs County Veteran's Services	1-701-797-3717
Medical Programs For Veterans	www.va.gov/hac
North Dakota Department of Veteran Affairs	1-701-239-7165 http://nasdva.com/northdakota.html
Veteran's Benefits, Fargo, ND	1-800-827-1000

WEIGHT MANAGEMENT

Faithfully FIT Exercise Program	1-701-676-2761
NDSU Extension Office, Griggs County	1-701-797-3312 www.ext.nodak.edu
Nutrition Counseling, Dietitian Cooperstown Medical Center	701-797-2221 or 1-800-242-2128
TOPS (Take Off Pounds Sensibly) Meet at Cooperstown Medical Center National Website	Meet Mondays, 5:15 pm Conference Room http://www.tops.org

WELLNESS

Cooperstown Medical Center Cardiac Rehabilitation, Diabetes Education, Wellness Events and Screenings	701-797-2221 or 1-800-242-2128
RC Cooper Athletic Center Wellness Programs for All Ages	1-701-797-3531
Women's Health Online Resource Men's Health Online Resource	www.4woman.gov www.4woman.gov/mens/index.htm
Women's Way Program Nelson & Griggs Public Health Unit	1-701-322-5624 www.health.state.nd.us/localhd/

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ABUSE

Abused Persons Outreach Center (24 hr)	1-866-845-0072
CRISIS HOTLINE	1-800-4722911
Child Abuse HOTLINE	1-800-472-4453
Community Violence Intervention Center Grand Forks	1-701-746-8900
Griggs County Social Services	1-701-797-2127
Mental Health Association of ND	1-800-472-2911 www.mhand.org
Prevent Child abuse	1-800-CHILDREN
SAFE SHELTER, Jamestown Crisis Line	1-888-353-7233
South Central Human Service Center, Jamestown	1-800-260-1310
U.S. Dept. of Health & Human Resources Administration for Children and Families	http://nccanch.acf.hhs.gov/

AIDS/HIV

Center for Disease Control Hot Line	1-800-342-2437 www.cdc.gov/hiv
Nelson & Griggs Public Health Unit	1-701-322-5624 www.health.state.nd.us/localhd/

ADDICTIONS - See Also Support Groups

Alcoholics Anonymous, Ala-Non, Ala-Teen, Local Meetings	1-701-797-3611 www.theagapecenter.com
Addiction Treatment Centers, ND ND Dept. of Maternal Health and Substance Abuse Services	1-800-755-2719 Email: dhsmsas@state.nd.us
Addiction Unit VA Hospital, Fargo, ND	1-701-232-3241
Alcohol and Drug Helpline	1-800-821-4357
Alcoholics Anonymous - ND	1-800-472-2911 www.aanorthdakota.org
Chemical Dependency Unit, Jamestown State Hospital	1-701-253-3249

Senior Citizens Center, McHenry Congregate Meal Service	1-701-785-2221
Senior Companion Program, Lutheran Social Services	1-701-797-2221 or 1-800-242-2128
Transportation, Griggs County	1-701-797-3330
Tri-County Ministry PARISH NURSE	1-701-797-3611 OR 1-701-676-2761 www.tricountyministry.com

SEXUAL ASSAULT - see also Abuse

SAFE Shelter, Jamestown	1-888-888-7233
LAW ENFORCEMENT - EMERGENCY	
Child.asp	www.ndcaws.org/assault/
National Domestic Violence Hotline	1-800-799-SAFE 1-800-472-2911
Crisis line, North Dakota	1-800-242-2128
Cooperstown Medical Center	701-797-2221 or 1-800-242-2128
Valley City	1-866-845-0072

SPIRITUAL CARE, COUNSELING - see Churches

SUICIDE

National Hopeline Network Depression and Suicide Outreach	1-800-784-2433 www.hopeline.com
North Dakota Mental Health Ass'n	Telephone: 2 1 1 www.mhand.org/211/ index.asp
South Central Human Service Center Jamestown	1-800-260-1310
Suicide Prevention Hot Line	1-800-472-2911
Wellness In the Valley Valley City	1-701-845-6504 www.wellnessinthevalley.com

SCHOOLS

21st Century Learning Center	1-701-797-2721
Finley Sharon Schools, Finley	1-701-524-2420 www.finleynd.com/schools
Griggs County Central Schools Cooperstown	1-701-797-3114 www.griggs-co.k12.nd.us
MIDKOTA Schools, Glenfield Binford	1-701-785-2126 1-701-676-2511 www.midkota.k12.nd.us

**SENIOR CITIZEN SERVICES
AND ELDER CARE**

AARP (American Association of Retired Persons)	1-888-687-2277 www.aarp.org
Experience Works Program North Dakota (Green Thumb)	1-800-450-5627 www.experienceworks.org
Griggs County Social Services RESPITE CARE	1-701-797-2127
Health Insurance Counseling Cooperstown Medical Center Community Resource Coordinator	1-701-797-2221 or 1-800-242-2128
North Dakota Senior Info Line	1-800-451-8693 www.ndseniorinfo.com
South Central Adult Services Outreach Worker, Griggs County Home & Community Based Services Meals on Wheels, RESPITE CARE	1-701-797-3330
Senior Citizens Center, Binford Congregate Meal Service	1-701-676-2323
Senior Citizens Center, Cooperstown Congregate Meal Service	1-701-797-2167
Senior Citizens Centers Glenfield, Sutton Congregate Meal Service	1-701-785-2420

Cooperstown Medical Center	701-797-2221 or 1-800-242-2128
Fetal Alcohol Syndrome (NOFAS)	1-800-666-6327
Gambling Addiction Outreach	1-888-423-8968
Gambling Information Lutheran Social Services	1-800-450-0577
Methamphetamine	1-866-845-8975
Online Resources for Addiction	www.drug-rehabs.org
Smoking Cessation - North Dakota Quit line	1-800-388-7848

ADOPTION / PREGNANCY SERVICES

Catholic Family Service, ND	1-800-760-1221 www.catholiccharitiesnd.org
Lutheran Social Services, ND	1-800-450-0577 www.lssnd.org
Planned Parenthood	1-800-230-PLAN www.plannedparenthood.org
Village Family Services, Fargo, ND	1-800-627-8220 www.thevillagefamily.org

AGRICULTURE & FARM ISSUES

Griggs County Extension Office	1-701-797-3312 www.ext.nodak.edu
Farm Credit Counseling, Mediation	1-800-642-4752
Farm Service Agency, Griggs County	1-701-797-2240
Legal Assistance of ND	1-800-634-5263 www.legalassist.org
Lutheran Rural Outreach	1-800-450-0577 www.lssnd.org
Mental Health Ass'n, ND	1-800-472-2911 www.mhand.org
ND Dept. of Agriculture	1-800-242-7535 www.agdepartment.com
Rural Information Center	1-800-633-7701 www.nal.usda.gov
Rural Support, Catholic Family Service	1-800-760-1221 www.catholiccharitiesnd.org

AMBULANCE / EMERGENCY**ALL EMERGENCIES
Medical, Fire, and Police****9 1 1**

Cooperstown Medical Center Hospital AND Emergency Room	701-797-2221 or 1-800-242-2128
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CHILDREN'S SERVICES

Child Grief Support Hospice, Red River Valley	1-888-817-4629 www.hrrv.org
Child Support Enforcement	1-800-723-5437
Children of Divorce NDSU Ext. Office	1-701-797-3312 or 1-800-260-1310 www.ext.nodak.edu
Cooperstown Medical Center Community Outreach Coordinator	1-701-797-2221 or 1-800-242-2128
Focus Adolescent Services Information & Referral Service (Helpline information number)	1-410-341-4216 www.focusas.com/ NorthDakota.html
GRIGGS County Social Services	1-701-797-2127
Grief Camp (Children with Loss)	1-701-780-5300 www.altru.org/serviceslocations/ pastoralservices.htm
Head Start Program	1-800-410-1912
Healthy Steps (Child Health Ins. Program) for uninsured Children	1-800-755-2604 www.state.nd.us/childrenshealth
Licensed Home Day Care Contact County Social Services for openings	1-701-797-2127
ND Maternal & Child Health Division	1-800-247-1316 www.ndmch.com
Newborn Home Visit Program	1-701-322-5624
South Central Human Service Center Jamestown	1-800-260-1310
Tots Landing Day Care Program	Binford 1-701-676-2805
Wee-Care Day Care Program	Cooperstown 1-701-797-3531
WIC (Women, Infants & Children)	1-701-797-2221 www.ndmch.com/wic/

MEDICAL INFORMATION

Cooperstown Medical Center	1-701-797-2221 or 1-800-242-2128 www.coopermedicalcenter.org
Public Health, Women's Way Griggs/Nelson Counties	1-701-322-5624 www.health.state.nd.us/localhd/
State Health Officer, North Dakota Center for Disease Control	TOLL FREE: 1-701-328-2372 www.health.state.nd.us
Center for Disease Control, National Office	1-800-311-3435 www.cdc.gov

MENTAL HEALTH SERVICES**SEE ALSO CRISIS INTERVENTION,
FAMILY LIFE AND AGRICULTURE & FARM ISSUES**

North Dakota Mental Health Ass'n	Telephone: 2 1 1 www.mhand.org/211/ index.asp
State Mental Health Agency	www.state.nd.us/ humanservices/

RETARDATION & MENTAL DISABILITIES**SEE ALSO DISABILITIES**

Alpha Opportunities, Inc. Jamestown	701-252-0162
Anne Carlson School for Children	701-252-3850
Dissemination Center for Children with Disabilities	www.nichcy.org/stateshe/ nd.htm
HAV-IT Services, Harvey, ND	701-324-4636
Open Door Center, Valley City	701-845-1124
Progress Enterprises, Inc.	701-252-6994

INSURANCE

Cooperstown Medical Center Community Resource Coordinator	1-701-797-2221 or 1-800-242-2128
CHIPS (Children's Health Insurance Program Medical Services)	1-800-775-2604 www.state.nd.us/ childrenshealth
Griggs County Social Services	701-797-2127
ND Blue Cross Blue Shield, North Dakota	1-800-342-4718 www.bcbsnd.com
North Dakota Insurance Department	1-800-247-0560 www.state.nd.us/ndins
North Dakota Medicare	1-800-633-4227 www.state.nd.us/ndins
SHIC (Senior Health Insurance Counseling)	1-701-797-3330
Workers Compensation	1-800-777-5033 www.workforcesafety.com

LAW ENFORCEMENT

ALL EMERGENCIES	9 1 1
Griggs County Sheriff	1-701-797-2202
ND State Highway Patrol	1-701-328-2455
Steele County Sheriff	1-701-524-2742

LEGAL ASSISTANCE

Griggs County States Attorney	1-701-797-2413
Legal Assistance of North Dakota Persons 60 and older, please call	1-800-634-5263 1-866-621-9886 www.legalassist.org
Local Attorney (see Phone Book)	
North Dakota Attorney General Consumer Fraud	1-800-472-2600 www.ag.state.nd.us/

CHURCHES**ANETA**

Community Church	1-701-326-4514
Sacred Heart Catholic Church	1-701-326-4276
Sundahl & Ottawa Lutheran Churches Parsonage:	1-701-326-4177 326-4326

BINFORD

Bethany Free Lutheran Church	1-701-676-2670
Binford Gospel Tabernacle	1-701-676-2074
Trinity Lutheran, ELCA	1-701-676-2761
Zion Lutheran, Missouri Synod Parsonage	1-701-797-2334
West Prairie Lutheran, rural Binford	

CAMPS - BIBLE

Cooperstown Bible Camp	1-701-797-2174
Red Willow Bible Camp, rural Binford	1-701-676-2681 www.redwillowbiblecamp.org

COOPERSTOWN

Evangelical Free	1-701-797-2482
First Presbyterian	1-701-797-3112 www.tricountyministry.com
Grace Lutheran, Missouri Synod	1-701-797-3444
Saron Evangelical Free Church	1-701-797-2766
St. George Catholic Church Rectory Serving Cooperstown, Jessie and Aneta	1-701-797-2624
Tri-County Ministry Office AND PARISH NURSE	1-701-797-3611 OR 1-701-676-2761 www.tricountyministry.com
Trinity Lutheran, ELCA	1-701-797-3611 www.tricountyministry.com
Zion Lutheran Brethren	1-701-797-3137

CHURCHES, continued**FINLEY**

Sheyenne Valley Lutheran	1-701-524-1904
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HANNAFORD

Faith Lutheran, ELCA	1-701-769-2387 www.tricountyministry.com
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TRINITY PARISH Eidjford Lutheran St. Olaf Lutheran Union Lutheran	1-701-769-2493
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JESSIE

St. Lawrence Catholic Church	1-701-797-2858
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SUTTON

Mabel Lutheran, ELCA	1-701-769-2396 www.tricountyministry.com
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CLINICS

Cooperstown Medical Center	701-797-2128 1-800-242-2128 www.coopermedicalcenter.org
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Binford Satellite Clinic	701-676-2221 1-800-242-2128
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COMPLEMENTARY MEDICINE

Body Focus Therapeutic Massage	1-701-797-2534
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Outlook Chiropractic Dr. Tom Nicolai	701-797-2941 1-877-797-2941
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Reflexology	1-701-789-0633
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HOME CARE SERVICES, continued

Hospice of the Red River Valley	1-888-817-4629 www.hrrv.org
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Life Line Alert Units, Cooperstown Medical Center	1-701-797-2221 or 1-800-242-2128
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Nelson & Griggs Public Health Unit In-Home Visits, Immunizations, Screenings & Equipment	1-701-322-5624 www.health.state.nd.us/localhd/
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Senior Companion Program (LSS)	1-701-797-2221 or 1-800-242-2128
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Tri-County Ministry PARISH NURSE	1-701-797-3611 OR 1-701-676-2761 www.tricountyministry.com
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HOSPITALS

Cooperstown Medical Center Hospital - Emergency Room - Physical Therapy - Occupational Therapy Speech Therapy - Cardiac Rehab Swing Beds - Respite Care	1-701-797-2221 or 1-800-242-2128 www.coopermedicalcenter.org
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HOUSING

Cooperstown Housing Authority Rental Assistance	1-701-797-2386
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ND Housing Finance Agency Rental Assistance, North Dakota	1-800-292-8621 www.ndhfa.state.nd.us
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Housing Discrimination	1-800-582-8032 www.state.nd.us/ laborservices
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Fair Housing Information Clearance Center, Landlord/Tenant Information	1-800-767-7468 www.ndaa.net/rights
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GRIEF AND LOSS**SEE ALSO FAMILY COUNSELING, CHURCHES AND CRISIS INTERVENTION**

Care Giver Support Group	1-701-797-3611
Funeral Homes Cooperstown Funeral Chapel Quam-Plaisted-Cushman	1-701-797-2900 1-701-797-2244
Good Mourning Grief Camp Teens and Children	1-701-780-5300 www.altru.org/serviceslocations/pastoralservices.htm
Grief Support Hospice, Red River Valley	1-888-817-4629 www.hrrv.org
SIDS (Sudden Infant Death) Alliance	1-800-221-7437 www.sidsalliance.org

HEARING/AUDITORY

Hearing Impaired Emergency Services Griggs County	1-701-797-2231
The Hearing Aid Company Devils Lake, ND	1-800-448-0117 1-701-797-2128
BellTone Hearing Aids Fargo, ND	1-800-669-3171 1-701-797-2128

HOME CARE & IN-HOME SERVICES

Community Based Services Griggs County Social Services	1-701-797-2127
Cooperstown Medical Center Qualified Service Provider (QSP)	1-701-797-2221 or 1-800-242-2128
Griggs County Personal Care Service Cooperstown Senior Citizens Center	1-701-797-2167
HEMOCARE, Foot Care Nelson & Griggs Counties	1-701-797-2221 or 1-701-322-4328
Home & Community Based Services ND	1-800-472-2622 www.state.nd.us/humanservices

CRISIS INTERVENTION & COUNSELING

Catholic Family Service, ND Counseling and Intervention	1-800-760-1221 www.catholiccharitiesnd.org
Community Service Directory, ND	www.discovernd.com
Focus Adolescent Services Family Help In North Dakota Hotlines and Help lines	1-410-341-4216 www.focusas.com
Griggs County Central School Counselor	701-797-3114
Griggs County Social Services	701-797-2127
Local Clergy	Contact Churches
Lutheran Social Services, ND Counseling and Intervention	1-800-450-0577 www.lssnd.org
Mental Health Association Of ND Suicide Prevention and Survivors	1-800-472-2911 www.mhand.org
MIDKOTA School Counselor	701-785-2126
National Hopeline Network Depression and Suicide Outreach	1-800-784-2433 www.hopeline.com
National Runaway Hotline	1-800-621-4000 www.nrscrisisline.org
North Dakota Child Protection Program Contact: Griggs Co. Social Services	www.state.nd.us/humanservices/services/childfamily/cps/#reporting
North Dakota Mental Health Association 24-hr. Helpline	Telephone 2-1-1 www.mhand.org/211
South Central Human Service Center Jamestown	1-800-260-1310
Suicide Hot Lines - National Bismarck Fargo Grand Forks	1-800-784-2433 1-888-328-2112 1-701-232-4357 1-701-775-0525
Village Family Services, Fargo, ND Counseling and Intervention	1-800-627-8220 www.thevillagefamily.org

CRIME VICTIMS - SEE ALSO ABUSE

CRISIS Hot Line	1-800-784-2433
Federal Consumer Information Center	www.pueblo.gsa.gov
FRAUD Information Center	1-800-876-7060 www.fraud.org
Law Enforcement and Emergency Medical Assistance	9 1 1
National Association of Attorneys General	www.naag.org/features/ fraud.cfm

DENTAL CARE

Dr. Arlo Neumiller, Cooperstown	1-701-797-2641
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DISABILITIES

AgrAbility, ND	1-800-839-4121 www.ext.nodak.edu/ agrability/info.html
Alpha Opportunities, Inc. Jamestown	1-701-252-0162
Anne Carlsen School for Children	1-701-252-3850
Assistive Technology	800-265-4728 www.assistivetech.net
Developmental Disabilities Services, North Dakota	1-800-755-8529 http://ndsl.lib.state.nd.us/ Subject/disability.html
Griggs County Social Services	1-701-797-2127
HAV-IT Services, Harvey, ND	1-701-324-4636
Jamestown Region Vocational Rehabilitation	1-800-639-6292

FOOD, FUEL, SHELTER, continued

Cooperstown Housing Authority Rental Assistance	1-701-797-2386
Earned Income Credit, IRS Publication #596	1-800-829-3676 www.irs.gov/publications
Food Pantry, Cooperstown	1-701-797-2127
Food Stamp Assistance	1-800-755-2716 www.foodstamphelp.org
Friendly Fun Makers, Hannaford	1-701-769-2170
Fuel Assistance Nat'l Help Line Griggs County Social Services	1-866-674-6327 701-797-2127 www.liheap.ncat.org/ referral.htm
Link-Up-America Phone Service Assistance /low income needy	1-701-328-2400 www.ndpsc@state.nd.us
Meals on Wheels, Griggs County	1-701-797-3330 1-701-797-2167 Or 1-701-797-2221
North Dakota Medicaid	1-800-755-2604 www.cms.hhs.gov/medicaid/ state.asp?state=ND
Region VI, Community Action Agency, Jamestown (services for low income and elderly)	1-800-726-8179 www.ndcaa.org
Salvation Army, Jamestown	1-252-0290 www.salvationarmyusa.org
Senior Citizens Center, Binford	1-701-676-2323
Senior Citizens Center, Cooperstown	1-701-797-2167
Senior Citizens Centers Glenfield, Sutton	1-701-785-2420
Senior Citizens Center, McHenry	1-701-785-2221
WIC (Women, Infants, Children Nutrition Program)	North Dakota Griggs County 1-800-472-2286 1-701-797-2221 www.ndmch.com/wic/

FAMILY LIFE - Counseling

Catholic Family Service, ND	1-800-760-1221 www.catholiccharitiesnd.org
Children of Divorce, County Social Services, Jamestown, ND	1-701-252-9030
Griggs County Extension Service	1-701-797-3312
Griggs County Social Services	1-701-797-2127
Hospice of the Red River Valley	1-888-817-4629 www.hrrv.org
Information & Referrals Cooperstown Medical Center	1-701-797-2128 or 1-800-242-2128
Lutheran Social Services, ND	1-800-450-0577 www.lssnd.org
Parenting Resources Griggs County Extension Service	1-701-797-3312
Parents Without Partners, Inc.	1-800-637-7974
Rural Mental Health Consortium - Minot Counseling & Medication Monitoring	1-800-247-1316
South Central Human Services Jamestown	1-800-260-1310
Village Family Services, Fargo, ND	1-800-627-8220 www.thevillagefamily.org

FARM ISSUES - See Agriculture**FOOD, FUEL, SHELTER, ETC.**

American Red Cross Jamestown Chapter	1-866-438-4636 1-701-252-3550 www.redcross.org
Basic Needs: food, fuel, health care Economic Assistance Programs Griggs County Social Services	1-701-797-2127

ND Association for the Disabled, Inc.	1-888-532-6353 www.ndad.org
ND State Library for Disabled	1-800-472-2104 http://ndsl.lib.state.nd.us/ DisabilityServices.html
Jamestown Region Vocational Rehabilitation ND Vocational Rehab Website	1-800-639-6292 www.state.nd.us/humanservices/ services/disabilities/vr/
Open Door Center, Valley City	1-701-845-1124
South Central Human Service Center Jamestown	1-800-260-1310
Veterans Services, Griggs County	1-701-797-2127
Children With Disabilities	1-800-695-0285 www.nichcy.org
Workers Compensation Bureau Help Line (24 hour)	1-800-777-5033 www.workforcesafety.com

DRUG INFORMATION**See Also Addictions for More Drug Related Information**

AARP Pharmacy Services	1-800-456-2277 www.aarp.org/ healthaffordable_drugs/
Almklov's Pharmacy, Cooperstown	701-797-2414
Cooperstown Medical Center Community Outreach Coordinator	1-701-797-2221 or 1-800-242-2128
National Poison Control Center	1-800-222-1222 www.aapcc.org
Prescription Assistance, ND	www.rxconnectnd.org

EDUCATION - HEALTH CONCERNS

Alzheimer's Disease & Related Disorders Association	1-800-272-3900 www.alz.org
American Diabetes Association	1-800-342-2383 www.diabetes.org
American Dietetic Association	1-800-877-1600 www.eatright.org/Public/

American Heart Association, ND	1-800-437-9710 www.americanheart.org
American Parkinson Disease Association	1-800-223-2732 www.apdaparkinson.org
Anorexia & Bulimia Information, ND	1-800-931-2237 www.nationaleatingdisorders.org
Arthritis Foundation	1-800-568-4045 www.arthritis.org
Asthma & Allergy Foundation	1-800-727-8462 www.aafa.org
Cancer Information	1-800-227-2345 www.cancer.org
Chronic Fatigue Syndrome Help Line	704-365-2343 www.cfids.org
Cystic Fibrosis Foundation	1-800-344-4823 www.cff.org
Diabetes Education Cooperstown Medical Center	1-701-797-2221 or 1-800-242-2128
Epileptic Foundation of America	1-800-332-1000 www.epilepsyfoundation.org
Fibromyalgia Alliance of America	1-714-921-0150 www.fmaware.org
Internet Resource Help for Spouses of People with Chronic Illness	1-800-838-0879 www.wellspouse.org
Internet Resource - Information On a Variety of Health Topics	http://webmd.com
Lupus Foundation of America	1-800-558-0121 www.lupus.org
National Down Syndrome Society	1-800-221-4602 www.ndss.org
Nat'l Kidney & Urological Disease Clearinghouse	1-800-891-5390 http://kidney.niddk.nih.gov/ index.htm
National Osteoporosis Foundation	1-800-223-9994 www.nof.org
Nutrition Counseling Cooperstown Medical Center	1-701-797-2221 or 1-800-242-2128
Sudden Infant Death Syndrome Alliance (SIDS)	1-866-866-7437 www.sidscenter.org

EDUCATION, LEARNING & TRAINING

21st Century Learning Center, Cooperstown	1-701-797-2721
GED (General Education Development)	1-701-328-2393 www.dpi.state.nd.us/adulted/ ged/policy.shtm
Job Service of North Dakota Valley City	1-800-831-6374 1-800-247-0988 www.jobsnd.com
ND Vocational Rehab Assistance	1-800-472-2622 www.state.nd.us/humanservices/ services/disabilities
Quentin Burdick Job Corp Center (ages 16-24)	1-701-857-9611 www.burdickjobcorps.com
Region VI, Community Action, Jamestown	1-800-726-8179 www.ndcaa.org

EMERGENCY

AMBULANCE, FIRE, POLICE

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American Red Cross Disaster Assistance Jamestown Chapter	1-866-438-4636 1-701-252-3550 www.redcross.org
Poison Control Center	1-800-222-1222 www.aapcc.org
Salvation Army, Jamestown	1-252-0290 www.salvationarmyusa.org

EYE CARE

Family Vision Center, Carrington Cooperstown	1-800-652-2020 1-701-797-2699
Nat'l Eye Care Program	1-800-222-3937 www.allaboutvision.com
Vision USA	1-800-766-4466 www.cao.org/visionusa